

*Sacred Heart Church  
Faith formation Office  
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## **SAINT REPORT – PRESENTED IN CLASS 2/4/2026**

(Kellenberg and SEAS students, please submit to Faith Formation Office)

### **THIS IS YOUR CONFIRMATION NAME**

#### **Guidelines for Choosing Your Confirmation Saint**

As you prepare to receive the Sacrament of Confirmation you are asked to choose a Confirmation saint as your patron/patroness. At your Confirmation you will be confirmed using this name.

You may choose your Baptismal name, select a name from the Bible, or a canonized saint of the Catholic Church.

The saint you choose should reflect a devotion you have to the saint, virtues or gifts to which you aspire, or the patron saint of certain gifts that are dear to you.

1. Read and learn about several saints and their lives before making your choice. You can choose a saint of either gender.

2. Pray about the saint you are considering.

#### **Guidelines for the Saint Report**

1. Your report should be **at least two pages long** and cite your sources at the bottom of the second page or on an additional page. Please make sure your name and catechist/teacher are on the report. Please note I do read all reports and appreciate good grammar, accuracy and honesty.

2. Your report should explain who your saint is and provide as much detail as you can about his/her life. Here are some questions that can help you:

- When and where was your saint born? Did s/he live in one place?
- What did s/he do for a living?
- What drew him or her to Jesus Christ?
- Did your saint become a priest or nun, or was he/she a layperson?
- Did your saint know other saints of the Catholic Church? Did they get along? • What sort of obstacles did your saint have to overcome to attain holiness?
- Did your saint write any books? Has another saint written about your saint? • When and how did your saint die?
- On what date is your saint celebrated by the Church? Is there a reason why it is this date? • On what date was your saint declared a saint by the Church?
- What is your saint the patron/patroness of?
- What miracles are attributed to your saint?

3. Your report should also explain why you chose this saint. Here are some questions that can help you:

- What virtues or qualities does this saint have that you admire?
- Do you and your saint have any similarities? • Are there other saints who were devoted to your patron saint?
- Is your saint the patron/patroness of something that matters to you? • How can this saint help you live your life as a confirmed Catholic?

4. You can include pictures, maps, and quotes from your saint. You can also include quotes about your saint made by important figures within the Church (including other saints).

## Resources

[www.ewtn.com](http://www.ewtn.com)

[www.vatican.va](http://www.vatican.va)

[www.catholic.org](http://www.catholic.org)

<https://www.franciscanmedia.org/source/saint-of-the-day/>